

Hi current and future guest parents

Well, having just had our first guest in, it seems the opportune time for our first newsletter. Our inaugural guest Missie stayed with us 5 days, having never before been in a cattery she was understandably wary to begin with.

Before too long though she settled in and began treating us to her loud purrs and welcoming voice as soon as she heard the first security door opening.

A wee character, she chose to reside alternately in different guest rooms depending how she felt on the day. She loved being cuddled and having tummy rubs so a good time was had by all, she is also our first guest to star in the website video clips.

Missie's Mum, Lynette from Hihi Olive Estate, gifted us some of their delicious dukkha and pure virgin oil when she picked up the wee lady. Much appreciated Lynette, we can certainly understand why your products are award winning!

Well, until next time, we thought you'd find the article below helpful, hope you all have a purrfect weekend

Cheers
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Safe Plants That Are Especially Enticing to Cats

Obviously, it is very important to know which plants are safe for cats and which ones are not. Fortunately, there is a long list of safe grasses and herbs that can provide your cat lots of enjoyment. Among them are:



A few types of grass are safe for — and delicious to — cats. Photography by Nikolay Bassov / Shutterstock.

Safe Plants That Are Especially Enticing to Cats

- 1. Catnip:** The ubiquitous catnip or *Nepeta cataria* is well-known for being safe and enjoyable for cats. However, it's best not to give it to cats who have a history of seizures. Also, young kittens and some adult cats do not respond to catnip, so it may be hit or miss with your particular cat.
- 2. Catmint:** A close relative to catnip, *Nepeta x faassenii* has wonderful lavender or white flowers that will delight both humans and cats. It grows as a bush about a foot high and two to three feet wide.
- 3. Cat thyme:** This evergreen perennial, *Teucrium marum*, is pretty stinky to us, but cats love it. Your cats will enjoy frolicking around this bush. Grows to about one foot in diameter with pink flowers.
- 4. Wheat grass:** These are sprouts from wheat, chock full of nutrition for cats. Many cats enjoy grazing on it.
- 5. Oat grass:** Like wheat grass, this grass is nutritious and very appealing to cats. It is made from the sprouts of oats, a feline favourite.
- 6. Valerian:** *Valeriana officinalis* is an herb that has an affect similar to catnip. It grows three to four feet in height.
- 7. Rye grass:** Like oat grass and wheat grass, this grass type tends to win over most cats. It made from the sprouts of rye.
- 8. Creeping Rosemary:** This is a popular and hardy rosemary that can withstand a cat pretty well. At maturity, it reaches up to three feet in height.
- 9. Lemon balm:** *Melissa officinalis* is not only a cat favorite, but this herb also makes a wonderful tea and emits a lemon-like fragrance.

Be aware that many of these plants — especially catnip and catmint — grow fast and can take over your garden in no time. Not all cats like all plants, so you may have to experiment. Also, an outdoor garden of cat-pleasing plants can attract other cats, so be aware of that possibility!